

# Buchanan Area Senior Center - November 2022 Calendar

Fitness / Health / Cards & Games / Educational & Informative & Special Programs / Other Programs

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Holiday Luncheon</b> Papa Vino's Mishawaka</p> <p><b>Tuesday,</b> December 6, 12:00 pm</p>	<p>1 9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting &amp; Sewing 2:00 House of David—Baseball Teams 6:00 Aging Mastery Program</p>	<p>2 9:00 Fasting Blood Sgar Testing 9:00 Coffee Chat 10:15 Chair Fitness with CeCe 1:00 Hand &amp; Foot Cards 6:00 Pinochle 6:00 Euchre</p>	<p>3 11:00 Chair Yoga with Ulrike 1:00 Mah Jongg 1:00 Game Day</p>	<p>4 9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends</p>
<p>7 10:00 Chair Fitness with Linda 11:00 Zumba Low-Impact with CeCe 1:00 Euchre 1:00 Mah Jongg 2:00 Qigong Exercise</p>	<p>8 9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting &amp; Sewing 4:00 Aging Mastery Program</p>	<p>9 10:15 Chair Fitness with CeCe 1:00 Hand &amp; Foot Cards 6:00 Pinochle 6:00 Euchre</p>	<p>10 9:00 Foot Clinic 11:00 Chair Yoga with Ulrike 11:30 Blood Pressure Check 1:00 Mah Jongg 1:00 Game Day 1:00 Monthly CSFP Commodities 3:00 Board Meeting</p>	<p>11 9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends 1:00 Movie Matinee: The Young Victoria</p>
<p>14 10:00 Chair Fitness with Linda 11:00 Zumba Low-Impact with CeCe 1:00 Euchre 1:00 Mah Jongg 1:00 2nd Pick-Up Monthly CSFP Commodities 2:00 Qigong Exercise</p>	<p>15 9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting &amp; Sewing 2:00 Hearing Aid Check 4:00 Aging Mastery Program</p>	<p>16 10:15 Chair Fitness with CeCe 12:30 Root Beer Floats 1:00 Hand &amp; Foot Cards 1:00 Quarterly TEFAP Commodities 6:00 Pinochle 6:00 Euchre</p>	<p>17 9:30 Eyeglass Repair 10:30 Book Club 11:00 Chair Yoga with Ulrike 1:00 Afternoon Tea at Apothica Teas 1:00 Mah Jongg 1:00 Game Day 4:00—6:00 Open House &amp; Ribbon Cutting Celebration</p>	<p>18 9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 11:30 Lunch Bunch 1:00 Fiber Friends</p>
<p>21 10:00 Chair Fitness with Linda 11:00 Zumba Low-Impact with CeCe 1:00 Euchre 1:00 Mah Jongg 1:00 2nd Pick-Up Quarterly TEFAP Commodities 2:00 Qigong Exercise</p>	<p>22 9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting &amp; Sewing 1:30 Thanksgiving Social</p>	<p>23 10:15 Chair Fitness with CeCe 1:00 Birthday Bingo 1:00 Hand &amp; Foot Cards 6:00 Pinochle 6:00 Euchre</p>	<p>24   </p>	<p>25  <b>Day After Thanksgiving Game Day</b>            10:00 am—2:00 pm            Play Games and eat lunch at the BASC.            Call 695-7119 to reserve your space.            All other programs cancelled for the day.</p>
<p>28 10:00 Chair Fitness with Linda 11:00 Zumba Low-Impact with CeCe 12:30 Ice Cream Social 1:00 Euchre 1:00 Mah Jongg 2:00 Qigong Exercise</p>	<p>29 9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting &amp; Sewing 4:00 Aging Mastery Program</p>	<p>30 10:15 Chair Fitness with CeCe 1:00 Hand &amp; Foot Cards 6:00 Pinochle 6:00 Euchre</p>	<p><b>Holiday Bazaar Bake Sale Sloppy Joe Luncheon</b></p> <p><b>Saturday,</b> December 3, 9:00—2:00 pm</p>	<p><b>Russ Stephens Memorial Sunroom Open House &amp; Ribbon Cutting Celebration</b></p> <p><b>Thursday,</b> November 17, 4:00—6:00 pm</p>