

# Buchanan Area Senior Center - February 2023 Calendar

Fitness / Health / Cards & Games / Educational & Informative & Special Programs / Other Programs

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Valentine's Day Party</b></p> <p><b>Tuesday February 14th 1:00 pm</b></p> <p><b>Call 695-7119 to register</b></p>	<p><b>History of Modern Valentine</b></p> <p><b>Tuesday February 7th 10:00 am</b></p> <p><b>Call 695-7119 to register</b></p>	<p><b>9:00 Coffee Chat</b>  <b>9:00 Fasting Blood Sugar</b>  <b>10:15 Chair Fitness with CeCe</b>  <b>1:00 Hand &amp; Foot</b>  <b>6:00 Pinochle</b>  <b>6:00 Euchre</b></p>	<p><b>11:00 Chair Yoga with Ulrike</b>  <b>1:00 Mah Jongg</b>  <b>1:00 Game Day</b></p>	<p><b>9:00 Powerbeats with Missy</b>  <b>10:00 Chair Fitness with Lizz</b>  <b>1:00 Fiber Friends</b></p>
<p><b>10:00 Chair Fitness with Linda</b>  <b>11:00 Dancing to the Oldies with CeCe</b>  <b>1:00 Euchre</b>  <b>1:00 Mah Jongg</b>  <b>2:00 Qigong Exercise</b></p>	<p><b>9:00 Osteo Fit with Missy</b>  <b>10:00 History of Modern Valentine</b>  <b>1:00 Pinochle</b>  <b>1:00 Quilting &amp; Sewing</b></p>	<p><b>10:15 Chair Fitness with CeCe</b>  <b>1:00 Hand &amp; Foot</b>  <b>6:00 Pinochle</b>  <b>6:00 Euchre</b></p>	<p><b>9:00 Foot Clinic</b>  <b>11:00 Chair Yoga with Ulrike</b>  <b>11:30 Blood Pressure Check</b>  <b>1:00 Mah Jongg</b>  <b>1:00 Game Day</b>  <b>1:00 Monthly CSFP Commodities</b>  <b>1:30 Grand Pad Training</b>  <b>3:00 Board Meeting</b></p>	<p><b>9:00 Powerbeats with Missy</b>  <b>10:00 Chair Fitness with Lizz</b>  <b>1:00 Fiber Friends</b>  <b>1:00 Movie Matinee: Where the Crawdads Sing</b></p>
<p><b>10:00 Chair Fitness with Linda</b>  <b>11:00 Dancing to the Oldies with CeCe</b>  <b>1:00 Euchre</b>  <b>1:00 Mah Jongg</b>  <b>1:00 2nd Pick-Up Monthly CSFP Commodities</b>  <b>2:00 Qigong Exercise</b></p>	<p><b>9:00 Osteo Fit with Missy</b>  <b>1:00 Valentine's Day Party</b>  <b>2:00 Hearing Aid Check</b></p>	<p><b>10:15 Chair Fitness with CeCe</b>  <b>12:30 Root Beer Floats</b>  <b>1:00 Finding Joy in Your Life</b>  <b>1:00 Hand &amp; Foot</b>  <b>6:00 Pinochle</b>  <b>6:00 Euchre</b></p>	<p><b>9:30 Eyeglass Repair</b>  <b>10:30 Book Club</b>  <b>11:00 Chair Yoga with Ulrike</b>  <b>1:00 Mah Jongg</b>  <b>1:00 Game Day</b></p>	<p><b>9:00 Powerbeats with Missy</b>  <b>10:00 Chair Fitness with Lizz</b>  <b>1:00 Fiber Friends</b></p> <hr/> <p><b>Sunday, February 19</b>  <b>4:00 Tin Shop Theatre—Clue</b></p>
<p><b>10:00 Chair Fitness with Linda</b>  <b>11:00 Dancing to the Oldies with CeCe</b>  <b>12:30 Civil Rights Heritage Center</b>  <b>1:00 Euchre</b>  <b>1:00 Mah Jongg</b>  <b>2:00 Qigong Exercise</b></p>	<p><b>9:00 Osteo Fit with Missy</b>  <b>1:00 Pinochle</b>  <b>1:00 Quilting &amp; Sewing</b></p>	<p><b>10:15 Chair Fitness with CeCe</b>  <b>1:00 Birthday Bingo</b>  <b>1:00 Hand &amp; Foot</b>  <b>6:00 Pinochle</b>  <b>6:00 Euchre</b></p>	<p><b>11:00 Chair Yoga with Ulrike</b>  <b>11:30 Blood Pressure Check</b>  <b>1:00 Mah Jongg</b>  <b>1:00 Game Day</b></p>	<p><b>9:00 Powerbeats with Missy</b>  <b>10:00 Chair Fitness with Lizz</b>  <b>11:30 Lunch Bunch</b>  <b>1:00 Fiber Friends</b>  <b>1:00 Movie Matinee: The Lost City</b></p>
<p><b>10:00 Chair Fitness with Linda</b>  <b>11:00 Dancing to the Oldies with CeCe</b>  <b>12:30 Ice Cream Social</b>  <b>1:00 Euchre</b>  <b>1:00 Mah Jongg</b>  <b>2:00 Qigong Exercise</b></p>	<p><b>9:00 Osteo Fit with Missy</b>  <b>1:00 Pinochle</b>  <b>1:00 Quilting &amp; Sewing</b></p>	<p><b>AARP Tax-Aide Preparation</b></p> <p><b>Buchanan Service Area</b></p> <p><b>Wednesdays &amp; Thursday February 1—April 13</b></p> <p><b>Refer to page 4 for more information</b></p>	<p><b>Finding Joy in Your Life</b></p> <p><b>Wednesday February 15th 1:00 pm</b></p> <p><b>Call 695-7119 to register</b></p>	<p><b>Civil Rights Heritage Center</b></p> <p><b>Monday February 20th 12:30 pm</b></p> <p><b>Call 695-7119 to register</b></p>