

Buchanan Area Senior Center—June 2024 Calendar

Fitness / Health / Cards & Games / Educational & Informative & Special Programs / Other Programs

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>10:00 Chair Fitness with Linda</p> <p>10:00 Skip-Bo</p> <p>11:00 Dancing to the Oldies with CeCe</p> <p>1:00 Euchre</p> <p>1:00 Mah Jongg</p> <p>2:00 Qigong Exercise</p>	<p>9:00 Osteo Fit with Missy</p> <p>1:00 Pinochle</p> <p>1:00 Quilting & Sewing</p> <p>1:00 Q&S Project</p> <p>5:00 Powerbeats with Missy</p>	<p>9:00 Coffee Chat</p> <p>9:00 Fasting Blood Sugar Testing</p> <p>10:15 Chair Fitness with CeCe</p> <p>1:00 Hand & Foot</p> <p>1:30 Matter of Balance</p> <p>6:00 Pinochle</p> <p>6:00 Euchre</p>	<p>11:00 Chair Yoga</p> <p>1:00 pm Mah Jongg</p> <p>1:00 Game Day</p>	<p>9:00 Powerbeats with Missy</p> <p>10:00 Chair Fitness with Lizz</p> <p>1:00 Fiber Friends</p> <p>1:00 Mama Bears Documentary & Discussion</p>
10	11	12	13	14
<p>10:00 Chair Fitness with Linda</p> <p>10:00 Skip-Bo</p> <p>11:00 Dancing to the Oldies with CeCe</p> <p>1:00 Euchre</p> <p>1:00 Mah Jongg</p> <p>2:00 Qigong Exercise</p>	<p>9:00 Osteo Fit with Missy</p> <p>9:00 Walk Day</p> <p>1:00 Pinochle</p> <p>1:00 Quilting & Sewing</p> <p>1:00 Q&S Project</p> <p>2:00 Hearing Aid Check</p> <p>5:00 Powerbeats with Missy</p>	<p>10:15 Chair Fitness with CeCe</p> <p>1:00 Many Health Benefits of Singing</p> <p>1:00 Hand & Foot</p> <p>1:30 Matter of Balance</p> <p>6:00 Pinochle</p> <p>6:00 Euchre</p>	<p>10:30 Visit Cannivista</p> <p>11:00 Chair Yoga</p> <p>1:00 Mah Jongg</p> <p>1:00 Game Day</p> <p>1:00 Monthly CSFP Commodities</p> <p>3:00 Board Meeting</p> <p>6:00 LGBTQ+ Social Gathering</p>	<p>9:00 Powerbeats with Missy</p> <p>10:00 Chair Fitness with Lizz</p> <p>1:00 Fiber Friends</p> <p>1:00 Movie Matinee: Sister Act</p>
17	18	19	20	21
<p>10:00 Chair Fitness with Linda</p> <p>10:00 Skip-Bo</p> <p>11:00 Dancing to the Oldies with CeCe</p> <p>1:00 Euchre</p> <p>1:00 Mah Jongg</p> <p>1:00 2nd Pick-Up Monthly CSFP Commodities</p> <p>2:00 Qigong Exercise</p>	<p>9:00 Osteo Fit with Missy Canceled</p> <p>10:15 Intergenerational Craft Class</p> <p>1:00 Pinochle</p> <p>1:00 Quilting & Sewing</p> <p>1:00 Q&S Project</p> <p>5:00 Powerbeats with Missy Canceled</p> <p>6:30 My Legacy Series Page 6</p>	<p>10:15 Chair Fitness with CeCe</p> <p>12:30 Root Beer Floats</p> <p>1:00 Tell Your Own Story!</p> <p>1:00 Hand & Foot</p> <p>1:30 Matter of Balance</p> <p>6:00 Pinochle</p> <p>6:00 Euchre</p>	<p>9:30 Eyeglass Repair</p> <p>10:30 Book Club</p> <p>11:00 Chair Yoga</p> <p>1:00 pm Mah Jongg</p> <p>1:00 Game Day</p>	<p>9:00 Powerbeats with Missy</p> <p>9:30 Trip to Art Museum</p> <p>10:00 Chair Fitness with Lizz</p> <p>1:00 Fiber Friends</p>
24	25	26	27	28
<p>10:00 Chair Fitness with Linda</p> <p>10:00 Skip-Bo</p> <p>11:00 Dancing to the Oldies with CeCe</p> <p>12:30 Ice Cream Social</p> <p>1:00 Euchre</p> <p>1:00 Mah Jongg</p> <p>2:00 Qigong Exercise</p>	<p>9:00 Osteo Fit with Missy</p> <p>9:00 Trip to Inner Freedom</p> <p>1:00 Salute to the Stars & Stripes</p> <p>1:00 Pinochle</p> <p>1:00 Quilting & Sewing</p> <p>1:00 Q&S Project</p> <p>5:00 Powerbeats with Missy</p> <p>6:30 My Legacy Series Page 6</p>	<p>10:15 Chair Fitness with CeCe</p> <p>1:00 Salute to the Stars & Stripes</p> <p>1:00 Hand & Foot</p> <p>1:00 Birthday Bingo</p> <p>1:30 Matter of Balance</p> <p>6:00 Pinochle</p> <p>6:00 Euchre</p>	<p>10:00—10:30 Blood Pressure Check</p> <p>10:30 Fireside Chats</p> <p>11:00 Chair Yoga</p> <p>1:00 Salute to the Stars & Stripes</p> <p>1:00 Mah Jongg</p> <p>1:00 Game Day</p> <p>6:00 Salute to the Stars & Stripes Concert</p>	<p>9:00 Powerbeats with Missy</p> <p>9:30 Trip to Art Museum</p> <p>10:00 Chair Fitness with Lizz</p> <p>11:30 Lunch Bunch</p> <p>1:00 Fiber Friends</p> <p>1:00 Movie Matinee: The Miracle Club</p>
<p><i>Happy Father's Day!</i></p> <p>Sunday, June 16</p>	<p>Buchanan Buckteens Reunion Sunday, June 9 11:00 am—4:00 pm at the Buchanan Auxiliary Gym</p>	<p>Buchanan Pride on the Common Sunday, June 30 4:00 pm</p>	<p>Happy Juneteenth Day! June 19 A holiday recognized and celebrated to commemorate the last enslaved Black people were finally freed.</p>	<p>Buchanan Farmers Market BASC Bakesale Saturday, June 15 8:00 am—1:00 pm</p>