

Buchanan Area Senior Center—February 2025 Calendar

Fitness / Health / Cards & Games / Educational & Informative & Special Programs / Other Programs

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>3</p> <p>10:00 Chair Fitness with Linda 11:00 Dancing to the Oldies with CeCe 1:00 Euchre 1:00 Mah Jongg</p>	<p>4</p> <p>9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting & Sewing 2:00 Hearing Aid Check 5:30 Powerbeats with Missy</p>	<p>5</p> <p>9:00 Coffee Chat 9:00 Fasting Blood Sugar Testing 10:15 Chair Fitness with CeCe 1:00 Hand & Foot 6:00 Pinochle 6:00 Euchre</p>	<p>6</p> <p>11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day</p>	<p>7</p> <p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends</p>
<p>10</p> <p>10:00 Chair Fitness with Linda 11:00 Dancing to the Oldies with CeCe 1:00 Euchre 1:00 Mah Jongg</p>	<p>11</p> <p>9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting & Sewing 2:00 Roundtable—Black History 5:30 Powerbeats with Missy</p>	<p>12</p> <p>10:15 Chair Fitness with CeCe 1:00 Hand & Foot 1:00 Craft -Valentine Framed Hearts 6:00 Pinochle 6:00 Euchre</p>	<p>13</p> <p>9:00 Foot Clinic 9:30 Blood Pressure Check 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day 1:00 Monthly CSFP Commodities 3:00 Board Meeting 6:00 LGBTQ+ Social Gathering</p>	<p>14</p> <p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends 1:00 Valentine's Day Party <i>happy Valentine's day</i></p>
<p>17</p> <p>9:00—4:00 Pill Drop Off 10:00 Chair Fitness with Linda 11:00 Dancing to the Oldies with CeCe 1:00 Euchre 1:00 Mah Jongg 1:00 2nd Pick-Up Monthly CSFP Commodities</p>	<p>18</p> <p>9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting & Sewing 5:30 Powerbeats with Missy</p>	<p>19</p> <p>10:15 Chair Fitness with CeCe 12:30 Root Beer Floats 1:00 Hand & Foot 1:00 Quarterly TEFAP Commodities 6:00 Pinochle 6:00 Euchre</p>	<p>20</p> <p>9:30 Eyeglass Repair 10:30 Book Club 11:00 Chair Yoga 1:00 pm Mah Jongg 1:00 Game Day 2:00 Memory Loss</p>	<p>21</p> <p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends</p>
<p>24</p> <p>10:00 Chair Fitness with Linda 11:00 Dancing to the Oldies with CeCe 12:30 Ice Cream Social 1:00 Euchre 1:00 Mah Jongg 1:00 2nd Pick-Up Quarterly TEFAP Commodities</p>	<p>25</p> <p>9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting & Sewing 5:30 Powerbeats with Missy</p>	<p>26</p> <p>10:15 Chair Fitness with CeCe 1:00 Hand & Foot 1:00 Birthday Bingo 6:00 Pinochle 6:00 Euchre</p>	<p>27</p> <p>11:00 Chair Yoga 1:00 pm Mah Jongg 1:00 Game Day</p>	<p>28</p> <p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 11:30 Lunch Bunch 1:00 Fiber Friends 1:00 Movie Matinee: The Six Triple Eight</p>
<p>Watch the Super Bowl Game Sunday, February 9</p> <p>See page 3 for more Information</p> 	<p>Ice Cream for Breakfast First Saturday in February</p> 	<p>Random Act of Kindness Week February 14—20</p> 	<p>International Polar Bear Day February 27</p> 	<p>African-American History Month</p> 