

Buchanan Area Senior Center—October 2025 Calendar

Fitness / Health / Cards & Games / Educational & Informative & Special Programs / Other Programs

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>Fall Festival Saturday, October 18 11:00—2:00 pm RSVP by October 3</p> 	<p>Euchre Tourney Saturday, October 11 1:00 pm</p> 	<p>1 9:00 Coffee Chat 9:00 Fasting Blood Sugar Testing 10:15 Chair Fitness with CeCe 11:30 AARP Smart Driver Course Day 2 1:00 Hand & Foot 1:00 Shuffleboard 6:00 Pinochle</p>	<p>2 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day 2:00 Shipwrecks & Bridges</p>	<p>3 9:00 Powerbeats with Lizz 10:00 Chair Fitness with Lizz 11:00 Shuffleboard—Women Play 1:00 Fiber Friends</p>
<p>6 10:00 Chair Fitness with Linda 11:00 Adv Walk Days 1:00 Euchre 1:00 Mah Jongg</p>	<p>7 10:15 Osteo-Fit 1:00 Pinochle 1:00 Quilting & Sewing Class/Project 2:30 Qigong/Taiji 5:30 Powerbeats with Missy</p>	<p>8 10:15 Chair Fitness with CeCe 1:00 Hand & Foot 1:00 Shuffleboard 1:00 Fall Watercolor Painting 6:00 Pinochle</p>	<p>9 9:00 Foot Clinic 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day 1:00 Medicare—SHIP 1:00 Monthly CSFP Commodities 3:00 Board Meeting 6:00 LGBTQ+ Social Gathering</p>	<p>10 9:00 Powerbeats with Lizz 9:00 Shop & Lunch in Shiphewana 10:00 Chair Fitness with Lizz 11:00 Shuffleboard—Women Play 1:00 Fiber Friends 1:00 Movie Matinee: The Penguin Lessons</p>
<p>13 10:00 Chair Fitness with Linda 11:00 Adv Walk Days 11:00 Blood Pressure Check 1:00 Euchre 1:00 Mah Jongg 1:00 2nd Pick-Up Monthly CSFP Commodities</p>	<p>14 10:15 Osteo-Fit 1:00 Pinochle 1:00 Quilting & Sewing Class/Project 2:00 Hearing Aid Check 2:30 Qigong/Taiji 5:30 Powerbeats with Missy</p> <p>Board of Directors Applications are due</p>	<p>15 10:15 Chair Fitness with CeCe 12:30 Root Beer Floats 1:00 Hand & Foot 1:00 Shuffleboard 6:00 Pinochle</p> <p>Board of Directors Elections 9 am—3 pm</p>	<p>16 10:30 Book Club 9:30 Eyeglass Repair 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day</p> <p>Board of Directors Elections 9 am—3 pm</p>	<p>17 9:00 Powerbeats with Lizz 10:00 Chair Fitness with Lizz 11:00 Shuffleboard—Women Play 1:00 Fiber Friends</p> <p>Board of Directors Elections 9 am—3 pm</p>
<p>20 10:00 Chair Fitness with Linda 11:00 Adv Walk Days 1:00 Euchre 1:00 Mah Jongg</p> <p>Board of Directors Elections 9 am—3 pm</p>	<p>21 10:15 Osteo-Fit 11:30 Fitness Room Orientation 1:00 Pinochle 1:00 Quilting & Sewing Class/Project 3:00 Assistance with your Cell Phone/ Tablet 5:30 Powerbeats with Missy</p> <p>Board of Directors Elections 9 am—3 pm</p>	<p>22 10:15 Chair Fitness with CeCe 1:00 Birthday Bingo 1:00 Hand & Foot 2:00 Qigong/Taiji 6:00 Pinochle</p>	<p>23 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day</p> <p>OFFICE WILL BE CLOSED BETWEEN 2—4 PM</p> <p>BASC Annual Meeting 2—4 pm</p>	<p>24 9:00 Powerbeats with Lizz 10:00 Chair Fitness with Lizz 11:00 Shuffleboard—Women Play 11:30 Lunch Bunch 1:00 Fiber Friends 1:00 Movie Matinee: I'm Still Here</p>
<p>27 10:00 Chair Fitness with Linda 11:00 Adv Walk Days 12:30 Ice Cream Social 1:00 Euchre 1:00 Mah Jongg</p>	<p>28 10:15 Osteo-Fit 1:00 Pinochle 1:00 Quilting & Sewing Class/Project 5:30 Powerbeats with Missy</p> <p>Pill Drop Off 9 am—3:00 pm</p>	<p>29 10:15 Chair Fitness with CeCe 1:00 Pinecone Bird Feeder 1:00 Shuffleboard 1:00 Hand & Foot 2:00 Qigong/Taiji 6:00 Pinochle</p>	<p>30 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day 2:00 Discussion on Dementia Care</p>	<p>31 9:00 Powerbeats with Lizz 10:00 Chair Fitness with Lizz 11:00 Shuffleboard—Women Play 1:00 Halloween Party</p>