

# Buchanan Area Senior Center—March 2024 Calendar

Fitness / Health / Cards & Games / Educational & Informative & Special Programs / Other Programs

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Tin Shop Theatre “Spirit”</b>  <b>Sunday, April 7 at 4:00 pm</b>  <b>See page 4 for more information</b></p> 	<p>MARCH IS NATIONAL  <b>Reading Month</b></p> 	<p><b>National Let's Laugh Day 19<sup>th</sup> March</b></p> 	<p>It's National Celery Month!  <b>Are You Stalked Up?</b></p> 	<p><b>9:00 Powerbeats with Missy</b>  <b>10:00 Chair Fitness with Lizz</b>  <b>1:00 Fiber Friends</b></p> <p style="text-align: right;">1</p>
<p><b>10:00 Chair Fitness with Linda</b>  <b>10:00 Skip-Bo</b>  <b>11:00 Dancing to the Oldies with CeCe</b>  <b>1:00 Euchre</b>  <b>1:00 Mah Jongg</b>  <b>2:00 Qigong Exercise</b></p> <p style="text-align: right;">4</p>	<p><b>9:00 Osteo Fit with Missy</b>  <b>1:00 Pinochle</b>  <b>1:00 Quilting &amp; Sewing</b>  <b>5:30 Powerbeats with Missy</b></p> <p style="text-align: right;">5</p>	<p><b>9:00 Coffee Chat Social</b>  <b>9:00 Fasting Blood Sugar Testing</b>  <b>10:15 Chair Fitness with CeCe</b>  <b>1:00 Hand &amp; Foot</b>  <b>6:00 Pinochle</b>  <b>6:00 Euchre</b></p> <p style="text-align: right;">6</p>	<p><b>11:00 Chair Yoga</b>  <b>1:00 Mah Jongg</b>  <b>1:00 Game Day</b></p> <p style="text-align: right;">7</p>	<p><b>9:00 Powerbeats with Missy</b>  <b>10:00 Chair Fitness with Lizz</b>  <b>1:00 Fiber Friends</b>  <b>1:00 Movie Matinee: The Hill</b></p> <p style="text-align: right;">8</p>
<p><b>10:00 Chair Fitness with Linda</b>  <b>10:00 Skip-Bo</b>  <b>11:00 Dancing to the Oldies with CeCe</b>  <b>1:00 Euchre</b>  <b>1:00 Mah Jongg</b>  <b>2:00 Qigong Exercise</b></p> <p style="text-align: right;">11</p>	<p><b>9:00 Osteo Fit with Missy</b>  <b>10:00 Eco-Friendly Wreath</b>  <b>1:00 Pinochle</b>  <b>1:00 Quilting &amp; Sewing</b>  <b>1:00 Spring Egg Rug Mug</b>  <b>5:30 Powerbeats with Missy</b></p> <p style="text-align: right;">12</p>	<p><b>10:15 Chair Fitness with CeCe</b>  <b>1:00 Frauds &amp; Personal Safety</b>  <b>1:00 Hand &amp; Foot</b>  <b>6:00 Pinochle</b>  <b>6:00 Euchre</b></p> <p style="text-align: right;">13</p>	<p><b>9:00 Foot Clinic</b>  <b>10:00—10:30 Blood Pressure Check</b>  <b>10:30 Fireside Chats</b>  <b>11:00 Chair Yoga</b>  <b>1:00 pm Mah Jongg</b>  <b>1:00 Game Day</b>  <b>1:00 Monthly CSFP Commodities</b>  <b>3:00 Board Meeting</b></p> <p style="text-align: right;">14</p>	<p><b>9:00 Powerbeats with Missy</b>  <b>10:00 Chair Fitness with Lizz</b>  <b>1:00 Fiber Friends</b>  <b>1:00 St. Patrick's Day Party</b></p> <p style="text-align: right;">15</p>
<p><b>10:00 Chair Fitness with Linda</b>  <b>10:00 Skip-Bo</b>  <b>11:00 Dancing to the Oldies with CeCe</b>  <b>1:00 Euchre</b>  <b>1:00 Mah Jongg</b>  <b>1:00 2nd Pick-Up</b>  <b>Monthly CSFP Commodities</b>  <b>2:00 Qigong Exercise</b></p> <p style="text-align: right;">18</p>	<p><b>9:00 Osteo Fit with Missy</b>  <b>10:30 Becoming a Senior Companion Volunteer</b>  <b>1:00 Pinochle</b>  <b>1:00 Quilting &amp; Sewing</b>  <b>1:00 Spring Egg Rug Mug</b>  <b>2:00 Hearing Aid Check</b>  <b>5:30 Powerbeats with Missy</b></p> <p style="text-align: right;">19</p>	<p><b>10:15 Chair Fitness with CeCe</b>  <b>11:30 A Safer Spring for a Safer You</b>  <b>1:00 Hand &amp; Foot</b>  <b>12:30 Root Beer Floats</b>  <b>6:00 Pinochle</b>  <b>6:00 Euchre</b></p> <p style="text-align: right;">20</p>	<p><b>9:30 Eyeglass Repair</b>  <b>10:30 Book Club</b>  <b>10:30 Meet &amp; Greet Author, Marcy Blesy</b>  <b>11:00 Chair Yoga</b>  <b>1:00 Mah Jongg</b>  <b>1:00 Game Day</b>  <b>1:00 Garden Club Meeting</b></p> <p style="text-align: right;">21</p>	<p><b>9:00 Powerbeats with Missy</b>  <b>10:00 Chair Fitness with Lizz</b>  <b>11:30 Lunch Bunch</b>  <b>1:00 Fiber Friends</b>  <b>1:00 Movie Matinee: Dog Gone</b></p> <p style="text-align: right;">22</p>
<p><b>10:00 Chair Fitness with Linda</b>  <b>10:00 Skip-Bo</b>  <b>11:00 Dancing to the Oldies with CeCe</b>  <b>12:30 Ice Cream Social</b>  <b>1:00 Euchre</b>  <b>1:00 Mah Jongg</b>  <b>2:00 Qigong Exercise</b></p> <p style="text-align: right;">25</p>	<p><b>9:00 Osteo Fit with Missy</b>  <b>1:00 Pinochle</b>  <b>1:00 Quilting &amp; Sewing</b>  <b>1:00 Spring Egg Rug Mug</b>  <b>1:00 GrandPad Training</b>  <b>5:30 Powerbeats with Missy</b></p> <p style="text-align: right;">26</p>	<p><b>10:15 Chair Fitness with CeCe</b>  <b>1:00 Hand &amp; Foot</b>  <b>1:00 Birthday Bingo</b>  <b>6:00 Pinochle</b>  <b>6:00 Euchre</b></p> <p style="text-align: right;">27</p>	<p><b>10:00—10:30 Blood Pressure Check</b>  <b>10:30 Fireside Chats</b>  <b>11:00 Chair Yoga</b>  <b>1:00 pm Mah Jongg</b>  <b>1:00 Game Day</b></p> <p style="text-align: right;">28</p>	<p><b>The BASC is closed on Good Friday.</b></p>  <p style="text-align: right;">29</p>