

Buchanan Area Senior Center—October 2024 Calendar

Fitness / Health / Cards & Games / Educational & Informative & Special Programs / Other Programs

<p>Medicare Open Enrollment October 15 To December 7</p> 	<p>1 9:00 Osteo Fit with Missy 1:00 Pinochle 5:30 Powerbeats with Missy</p>	<p>2 9:00 Coffee Chat 9:00 Fasting Blood Sugar Testing 10:15 Chair Fitness with CeCe 1:00 Hand & Foot 6:00 Pinochle 6:00 Euchre</p>	<p>3 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day</p>	<p>4 9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends</p>
<p>7 10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 1:00 Euchre 1:00 Mah Jongg</p>	<p>8 9:00 Osteo Fit with Missy 10:30 Conversations with Friends 1:00 Pinochle 1:00 Quilting & Sewing 1:00 Q&S Project 1:00 Have I Got A Story For You 2:00 Hearing Aid Check 5:30 Powerbeats with Missy</p>	<p>9 10:15 Chair Fitness with CeCe 1:00 Hand & Foot 2:00 Pinecone Bird Feeder 6:00 Pinochle 6:00 Euchre</p>	<p>10 9:00 Foot Clinic 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day 1:00 Monthly CSFP Commodities 3:00 Board Meeting 6:00 LGBTQ+ Social Gathering</p>	<p>11 9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends 1:00 Movie Matinee: Peanut Butter Falcon</p>
<p>14 9:00 Pill Drop Off 10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 1:00 Euchre 1:00 Mah Jongg 1:00 Medicare 101 1:00 2nd Pick-Up Monthly CSFP Commodities</p>	<p>15 9:00 Osteo Fit with Missy 10:30 Storytelling Workshop Part I 1:00 Pinochle 1:00 Quilting & Sewing 1:00 Q&S Project 5:30 Powerbeats with Missy Board of Directors Applications Due</p>	<p>16 10:15 Chair Fitness with CeCe 12:30 Root Beer Floats 1:00 Hand & Foot 2:00 Property Tax Information 6:00 Pinochle 6:00 Euchre</p>	<p>17 9:30 Eyeglass Repair 10:30 Book Club 11:00 Chair Yoga 1:00 pm Mah Jongg 1:00 Game Day</p>	<p>18 9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends</p>
<p>21 10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 1:00 Euchre 1:00 Mah Jongg</p>	<p>22 9:00 Osteo Fit with Missy 10:30 Storytelling Workshop Part II 1:00 Pinochle 1:00 Quilting & Sewing 1:00 Q&S Project 3:00 Assistance with Phone and Tablet 5:30 Powerbeats with Missy Board of Directors Elections</p>	<p>23 10:15 Chair Fitness with CeCe 1:00 Hand & Foot 1:00 Birthday Bingo 6:00 Pinochle 6:00 Euchre</p>	<p>24 11:00 Chair Yoga BASC office will be closed between 2:00 and 4:00 pm BASC Annual Meeting at 2:00 pm</p>	<p>25 9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 11:30 Lunch Bunch 1:00 Fiber Friends 1:00 Movie Matinee: The School of Good and Evil</p>
<p>28 10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 12:30 Ice Cream Social 1:00 Euchre 1:00 Mah Jongg</p>	<p>29 9:00 Osteo Fit with Missy 10:00 Semco Energy Gas Company 1:00 Pinochle 1:00 Quilting & Sewing 1:00 Q&S Project 5:30 Powerbeats with Missy</p>	<p>30 10:15 Chair Fitness with CeCe 1:00 Hand & Foot 1:00 Evolution of Numbers 6:00 Pinochle 6:00 Euchre</p>	<p>31 11:00 Chair Yoga 1:00 Halloween Party</p>	<p>Chili Dinner Fundraiser Wednesday, Oct., 16 4:00—6:00 pm \$12 each or 4 for \$40 Dine in or take it to go</p> 