

Buchanan Area Senior Center—December 2023 Calendar

Fitness / Health / Cards & Games / Educational & Informative & Special Programs / Other Programs

Monday	Tuesday	Wednesday	Thursday	Friday
<p>BASC Holiday Bazaar Saturday, December 2 9:00 am—2:00 pm At the BASC</p>	<p>Play at the Tin Shop “Game Show” Sunday, December 10 4:00 pm See page 4 for more information</p>	<p>Holiday Sing December 5, 6, & 7 at 1:00 pm Holiday Sing Concert December 7 at 6:00 pm</p>	<p>Holiday Lunch at Carrabba’s Friday, December 15 11:30 am See page 4 for more information</p>	<p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends</p>
<p>10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 1:00 Euchre 1:00 Mah Jongg 2:00 Qigong Exercise</p>	<p>9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting & Sewing—Pillow 1:00 Holiday Sing 5:30 Powerbeats with Missy</p>	<p>9:00 Coffee Chat 9:00 Fasting Blood Sugar Testing 10:15 Chair Fitness with CeCe 1:00 Holiday Sing 1:00 Hand & Foot 6:00 Pinochle 6:00 Euchre</p>	<p>11:00 Chair Yoga 1:00 Holiday Sing 1:00 Mah Jongg 3:00 Game Day 3:00 Board Meeting 6:00 Holiday Sing Concert</p>	<p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 1:00 Fiber Friends 1:00 Movie Matinee: A Boy Called Christmas</p>
<p>10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 1:00 Euchre 1:00 Mah Jongg 2:00 Qigong Exercise</p>	<p>9:00 Osteo Fit with Missy 2:00 Hearing Aid Check 1:00 Pinochle 1:00 Quilting & Sewing—Pillow 5:30 Powerbeats with Missy</p>	<p>10:15 Chair Fitness with CeCe 12:00 Pain Management 1:00 Hand & Foot 6:00 Pinochle 6:00 Euchre</p>	<p>10:00—10:30 Blood Pressure Check 10:30 Fireside Chats 9:00 Foot Clinic 11:00 Chair Yoga 1:00 pm Mah Jongg 1:00 Game Day 1:00 Monthly CSFP Commodities</p>	<p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 11:30 Holiday Lunch at Carrabba’s 1:00 Fiber Friends</p>
<p>10:00 Chair Fitness with Linda 10:00 Skip-Bo 11:00 Dancing to the Oldies with CeCe 1:00 Euchre 1:00 Mah Jongg 1:00 2nd Pick-Up Monthly CSFP Commodities 2:00 Qigong Exercise</p>	<p>9:00 Osteo Fit with Missy 1:00 Pinochle 1:00 Quilting & Sewing—Pillow 2:00 Information About Frauds & Personal Safety 5:30 Powerbeats with Missy</p>	<p>10:15 Chair Fitness with CeCe 12:30 Root Beer Floats 1:00 Hand & Foot 6:00 Pinochle 6:00 Euchre</p>	<p>9:30 Eyeglass Repair 10:30 Book Club 12:00 Holiday Party</p> 	<p>9:00 Powerbeats with Missy 10:00 Chair Fitness with Lizz 11:30 Lunch Bunch 1:00 Fiber Friends 1:00 Movie Matinee: Jingle Jangle</p>
	 <p>The BASC is closed on December 25 & 26, as well as on January 1.</p>	<p>10:15 Chair Fitness with CeCe 1:00 Birthday Bingo 1:00 Hand & Foot 6:00 Pinochle 6:00 Euchre</p>	<p>10:00—10:30 Blood Pressure Check 10:30 Fireside Chats 11:00 Chair Yoga 1:00 Mah Jongg 1:00 Game Day</p>	<p>1:00 New Year Party 1:00 Ice Cream Social</p> 